POV SAFETY CHECKLIST

JUST BECAUSE YOUR VEHICLE PASSED AN INSPECTION LAST TIME YOU REGISTERED IT DOESN'T MEAN IT WILL ALWAYS BE SAFE. BE HONEST AND CHECK YOUR VEHICLE ROUTINELY BUT ESPECIALLY BEFORE EVERY TRIP. "USE COMMON SENSE"

	YES	NO
1. CHECK TIRES: PLENTY OF TREAD:	___	___
PROPER AIR PRESSURE:	___	___
2. CHECK FUEL: FULL TANK OF GAS?	___	___
3. FUNCTIONAL WINDSHIELD WIPERS?	___	___
4. FULL WINDOW WASHER BOTTLE?	___	___
5. LIGHTS FUNCTION:		
LOW BEAMS	___	___
HIGH BEAMS	___	___
TURN SIGNAL INDICATORS	___	___
EMERGENCY FLASHERS	___	___
BRAKE LIGHTS	___	___
LICENSE PLATE LIGHTS	___	___
INTERIOR LIGHTS	___	___
BACK UP LIGHTS	___	___
6. CHECK OIL LEVEL	___	___

DATE & MILEAGE OF LAST CHANGE (3 MO. OR 3,000 MILES)

_____

7. BRAKES (+ PARKING BRAKE) FUNCTION PROPERLY	___	___
8. SAFETY EQUIPMENT IS AVAILABLE & FUNCTIONS:		
SEATBELTS	___	___

Ironhorse

SAFE DRIVER'S PLEDGE

I PLEDGE TO ALWAYS MAKE SURE EVERYONE IN MY VEHICLE BUCKLES UP.

I PLEDGE TO OBEY ALL TRAFFIC LAWS AND MAINTAIN THE PROPER SPEED & SEPARATION DISTANCE FOR ALL SITUATIONS.

I PLEDGE TO BE A RESPONSIBLE DRIVER

I PLEDGE TO STAY ALERT WHILE DRIVING.

I PLEDGE TO NEVER TAKE SAFETY FOR GRANTED.

I PLEDGE TO NOT DRINK & DRIVE; I WILL USE A DESIGNATED DRIVER, CALL FOR A RIDE, FIND OTHER TRANSPORTATION, OR MAKE OTHER ARRANGEMENTS IF I PLAN ON DRINKING OR BECOME IMPAIRED.

SIGNATURE:_____

DATE: _____

AGGRESSIVE DRIVER
DRUNK DRIVER
FATIGUED OR DISTRACTED DRIVER
Control your chance of serious injury and survival.
Wear your seat belt.

ALCOHOL SAFETY TIPS

1. DO NOT DRINK AND DRIVE, BOAT OR SWIM.
2. DO USE A DESIGNATED DRIVER WHEN GOING OUT TO DRINK. IF NO TRANSPORTATION IS AVAILABLE, CALL YOUR EMERGENCY POC OR 1ST LINE SUPERVISOR. IF NOT AVAILABLE, ON POST: CALL THE STAFF DUTY OR MILITARY POLICE; OFF POST: CALL A TAXI. YOU WILL NOT BE PENALIZED FOR USING COMMON SENSE.
3. DRINK IN MODERATION. ALCOHOL IS POISONOUS.
4. DO NOT GO TO UNKNOWN BARS AND CLUBS BY YOURSELF.
5. PHONE NUMBERS:

STAFF DUTY: _____ MP:_____

TAXI:

4th Infantry Division Mechanized
Fort Hood & Fort Carson
Steadfast & Loyal!

OFF-DUTY RISK ASSESSMENT CARD

USE THIS CARD TO ASSESS THE RISKS INVOLVED IN YOUR POV TRAVELS.

FIRST; HONESTLY EVALUATE YOUR PERSONAL RISK LEVEL.

SECOND; ANALYZE THE DETAILS AND CHARACTERISTICS OF YOUR PLANNED TRAVEL.

THIRD; INSPECT YOUR VEHICLE USING THE CHECK LIST.

LAST; UPON COMPLETION OF YOUR ASSESSMENT, BRIEF THE RESULTS TO YOUR 1ST LINE SUPERVISOR OR NCO/OFFICER IN YOUR CHAIN OF COMMAND.

SAFETY CARD

NAME: _____

UNIT: _____

DATE: _____

EMERGENCY POC: _____

EMERGENCY CONTACT Numbers: (Not your cell phone)

_____

_____

_____

1ST LINE SUPERVISOR: _____

CONTACT #: _____

OFF DUTY MISSION BRIEFED TO:

_____

SIGNATURE OF SUPERVISOR/INDIVIDUAL BRIEFED:

_____

INDIVIDUAL RISK ASSESSMENT

CIRCLE THE APPROPRIATE CATEGORIES & CORRESPONDING POINTS

EX: FEMALE (0 PTS) MALE (+5 PTS)

GE: <19 OR 34 – 38 YRS (+1 PT)
20 – 23 YRS (+ 6 PTS)
24 – 28 YRS (+ 3 PTS)
29 – 33 YRS (+ 2 PTS)

RADE: E1, E8-E9, W1, W2, 01 (+ 1 PT)
E2, 02, E6 – E7 (+ 2 PTS)
E3, E5 (+ 3 PTS)
E4 (+ 4 PTS)

RIVING RECORD:

DUI:	(+17 PTS)
ACCIDENT-AT-FAULT	(+12 PTS)
RECKLESS DRIVING	(+ 7 PTS)
SPEEDING OVER 20 MPH	(+ 7 PTS)
MOVING VIOLATION	(+ 3 PTS)
SPEEDING OVER 10 MPH	(+ 3 PTS)

ERSONAL CONCERNS:

STRESS/ FAMILY PROBLEMS: (+ 12 PTS) (DEATH IN FAMILY/ARRES/ALCOHOL OR DRUG ABUSE/FINANCIAL PROBLEMS/ COUNSELED FOR POOR PERFORMANCE IN PAST 6 MONTHS)

RIVING SKILLS:

< 3 YEARS EXPERIENCE (+3 PTS)
HABITUALLY SPEEDS, FAILS TO USE SEAT BELTS, MOTORCYCLE HELMET OR MOTORCYCLE SAFETY GEAR (+ 6 PTS)
DRIVES A MOTORCYCLE (+ 8 PTS)

OTAL OF ALL CIRCLED POINTS: _____

CONTROLS

TTENDED:

DEFENSIVE DRIVING COURSE (-10PTS)

ACCIDENT AVOIDANCE COURSE (-10 PTS

OSITIVE COUNSELING BY 1ST LINE SUPERVISOR (- 7PTS)

DR OR 1SG (- 8 PTS)

OTAL OF ALL RESIDUAL RISK POINTS: _____

RISK ASSESSMENT CHART

(SUBTRACT RESIDUAL PTS FROM + POINTS FOR POINT TOTAL)

XTREMELY HIGH RISK:	25 PTS OR MORE
IGH RISK:	20 – 24 PTS

TRIP ASSESSMENT WORKSHEET

RISK FACTORS

DESTINATION: _____

PURPOSE: _____

DISTANCE: _____ **DURATION:** _____

RISK (Use Time/Distance Chart)

LOW MODERATE HIGH EXTRA HIGH

TIME OF DEPARTURE: _____
LOW (COMPLETE TRIP PRIOR TO 2000 HRS) _____
MODERATE (COMPLETE TRIP PRIOR TO 2200 HRS) _____
HIGH (COMPLETE TRIP PRIOR TO 2400 HRS) _____
EXTRA HIGH (COMPLETE TRIP AFTER 2400 HRS) _____

HOURS OF SLEEP IN LAST 24 HOURS: _____
LOW (7 HOURS OR MORE) _____
MODERATE (5 – 7 HOURS) _____
HIGH (3 – 5 HOURS) _____
EXTRA HIGH (LESS THAN 3 HOURS) _____

TIME OF RETURN: _____
LOW (COMPLETE TRIP PRIOR TO 2000 HOURS) _____
MODERATE (COMPLETE TRIP PRIOR TO 2200 HOURS) _____
HIGH (COMPLETE TRIP PRIOR TO 2400 HOURS) _____
EXTRA HIGH (COMPLETE TRIP AFTER 2400 HOURS) _____

HOURS OF SLEEP IN LAST 24 HOURS: _____
LOW (7 HOURS OR MORE) _____
MODERATE (5 – 7 HOURS) _____
HIGH (3 – 5 HOURS) _____
EXTRA HIGH (LESS THAN 3 HOURS) _____

INITIAL RISK ASSESSMENT

OVERALL RISK LEVEL (HIGHEST LEVEL ASSESSED ABOVE)

LOW MODERATE HIGH EXTRA HIGH

IMPLEMENT FOLLOWING CONTROLS TO LOWER INITIAL RISK

ALTERNATE TRANSPORTATION ARRANGED (BUS, PLANE, TRAIN)
DESIGNATED ASSISTANT DRIVER
T BREAKS AND/OR OVERNIGHT STAY PLANNE
DITIONAL LEAVE REQUESTED/APPROVED
ASSESS WEATHER & ROAD CONDITIONS

TRIP ASSESSMENT WORKSHEET TIME/DISTANCE

DRIVING 55 MPH = (LOW RISK)

55 MILES IN ONE HOUR
110 MILES IN TWO HOURS
165 MILES IN THREE HOURS
220 MILES IN FOUR HOURS
330 MILES IN SIX HOURS
440 MILES IN EIGHT HOURS
550 MILES IN TEN HOURS

DRIVING 65 MPH = MODERATE RISK

65 MILES IN ONE HOUR
130 MILES IN TWO HOURS
195 MILES IN THREE HOURS
260 MILES IN FOUR HOURS
390 MILES IN SIX HOURS
520 MILES IN EIGHT HOURS
650 MILES IN TEN HOURS

DRIVING OVER 70 MPH = HIGH/EX HIGH

70+ MILES IN ONE HOUR
140+ MILES IN TWO HOURS
210+ MILES IN THREE HOURS
280+ MILES IN FOUR HOURS
420+ MILES IN SIX HOURS
560+ MILES IN EIGHT HOURS
700+ MILES IN TEN HOURS

DRIVING SHOULD BE CONTROLLED TO REMAIN OUT OF THE HIGH/EXTREMELY HIGH RISK CATEGORY. ADJUST YOUR SPEED FOR TRAFFIC, ROAD CONDITIONS AND WEATHER.

GET PLENTY OF REST BEFORE DRIVING LONG DISTANCES. FATIGUE IS A MAJOR ACCIDENT CAUSE. ALWAYS USE YOUR SEATBELTS. CHILDREN UNDER 12 REQUIRE CHILD SEATS. YOU ARE RESPONSIBLE TO ENSURE EVERYONE IN YOUR VEHICLE WEARS THEIR SEAT BELTS.

PAY ATTENTION AND REMAIN FOCUSED ON YOUR DRIVING. DON'T BE DISTRACTED BY YOUR CELL PHONE, CD OR RADIO. TALKING ON THE CELL PHONE WHILE DRIVING IS HAZARDOUS AND AGAINST THE LAW. NEVER, EVER DRINK AND DRIVE. DRIVE